



**World Network of Users
and Survivors of Psychiatry**

WNUSP Kampala Declaration 2009

(Extended version)

We the delegates gathered for the 3rd General Assembly of the World Network of Users and Survivors of Psychiatry (WNUSP) declare our commitment to make our rights a reality.

We undertake to raise awareness about our human rights especially those declared in the UN Convention on the Rights of Persons with Disabilities (CRPD), at all levels, from the village to the national and international community and work to get them into practice.

We will advocate for laws and practices that protect our human rights and oppose laws and practices that allow forced treatment or guardianship or discriminate against us or oppress us in any other way.

We stand for the principles, the contents and the starting-points of the CRPD, and we support all themes and all articles, and we will work especially on the aspects which secure our fundamental human rights as Users and Survivors of Psychiatry, such as:

CRPD Article 12. Right to self determination and legal capacity

We want to achieve that all persons, including persons with psychosocial difficulties and/or disabilities, have the right to decide about themselves in every aspect of life, to live life in the way of their own preferences and have the right to self define wellbeing.

We will respect each persons choices and decisions, create support to help a person make his or her own decisions, and not allow others to make decisions for or on behalf of Users and Survivors of psychiatry.

CRPD Article 14. Right to freedom

We want to achieve that all persons, including persons with psychosocial difficulties and/or disabilities, enjoy all freedoms in life on an equal basis with others, such as freedom to move around freely, freedom to participate in life, freedom to have an own opinion, and that nobody is subjected to confinement, involuntary admission or otherwise detained or restricted to move around freely in life, based on a disability or need for care.

We strongly emphasize that it is illegal to make discriminating laws and judgements on behaviour, dangerousness and wellbeing for Users and Survivors of Psychiatry.

We will advocate for freedom for all Users and Survivors of Psychiatry on an equal basis with others, and create support against confinement, physical restraints, stigma and other violations of rights inflicted upon Users and Survivors of Psychiatry,

CRPD Article 15. Freedom of torture and ill-treatment

We want to achieve that Users and Survivors of Psychiatry are not systematically excluded, harmed, or discriminated against, including by psychiatric methods like forced drugging and forced electroshock, psychosurgery, restraints and seclusion, and being confined in institutions, based on a psychosocial diagnosis or disability, and that all accommodations and facilities are reasonable for Users and Survivors of Psychiatry with full respect of our Human Rights.

We will oppose the principles and practices of coercive psychiatry, confinement, forced treatments and any involuntary intervention, and we will use the national and international laws prohibiting torture and ill-treatment to advocate to an end to these human rights violations.

We will advocate for non-discriminating laws, non-coercive and supportive accommodations, facilities and practices which respect our dignity and freedom of choice and enable us to enjoy freedom and safety on an equal basis with others.

CRPD Article 17. Right to respect for physical and mental integrity

We want to achieve that all Users and Survivors are fully respected as equal human beings, with full legal capacity over their own body and mind, and we state that human integrity can not be overruled on any basis.

We will raise awareness on integrity and oppose coercive or involuntary interventions, including involuntary traditional treatments. We oppose forced Electroconvulsive shock Treatment (ECT), forced psychosurgery, and forced medication.

We advocate for the social model of disability, and emphasize the social needs regarding psychosocial difficulties and/or disabilities.

CRPD Article 19. Right to live independently in the community

We want to achieve that all Users and Survivors are able or enabled to participate fully in life on an equal basis with others, such as to fulfill basic needs, choose where to live, with who, to be able to have work, to marry, to raise children and so on.

We will advocate against exclusion, stigma, taboo and neglect and we will create accessibility, support, chances and inclusion for Users and Survivors of Psychiatry in all aspects of the community,

CRPD Article 25. Free, informed consent on interventions

We want to achieve that all forms of care, treatments and interventions for Users and Survivors are only done after the user/survivor freely decides so for him/herself, after having full disclosure of information on the nature, risks and effects of the treatment.

We will advocate for freedom of choice, including the right to say no to a treatment, and we will create support for empowering users and survivors to make personal choices.

As a world network:

We will represent ourselves as Users and Survivors of Psychiatry and support self advocacy by and for all Users and Survivors of Psychiatry.

We will continue to build the user / survivor movement world wide, and celebrate the positives of madness.

We will co-operate with each other by sharing ideas, technical advice and resources for advocacy and good practices.

We resolve to use among other means, love, hope and dignity to achieve the above resolutions.

Agreed by WNUSP, 2009, website: www.wnusp.net